

For Office Use Only: SPEED SCORE _____



Date: / /

SPEED Questionnaire:

Name:

DOB:



How **FREQUENTLY** do you experience the following dry eye symptoms?

Symptoms	Never (0)	Sometimes (1)	Often (2)	Constant (3)
Dryness, Grittiness or Scratchiness				
Soreness or Irritation				
Burning or Watering				
Eye Fatigue				

How **SEVERE** are your dry eye symptoms?

Symptoms	No problems (0)	Tolerable – not perfect but not uncomfortable (1)	Uncomfortable – irritating but does not interfere with my day (2)	Bothersome – irritating and interferes with my day (3)	Intolerable – unable to perform my daily tasks (4)
Dryness, Grittiness or Scratchiness					
Soreness or Irritation					
Burning or Watering					
Eye Fatigue					

WHEN have you experienced these symptoms?

Today Within the past 72 hours Within the past 3 months

Activities	Yes	No
Do you have difficulty reading?		
Do you have difficulty using a computer?		
Do you have difficulty driving?		
Do you have difficulty watching television?		
Do you have difficulty wearing contact lenses?		
Do you have difficulty being outdoors?		
Do your symptoms worsen throughout the day?		

Continued on Back Side

1. Do you have "Dry Eye" Symptoms? Yes No If Yes, how long? _____
2. Do you use drops and/or ointment? Yes No (Circle) If yes, which drops and/or ointment do you use?
_____ How Frequently? _____
3. Do you experience blurred or fluctuating vision? Yes No (Circle)
4. Do you wear Contact Lenses? Yes No (Circle) How many hours can you wear comfortably? _____
 - o Do you experience dry eye symptoms when you are not wearing your contact lenses? Yes No (Circle)

MEDICAL CONDITIONS (CHECK ALL THAT APPLY)

Diabetes	Sjogrens	Chemo / Radiation
Hypertension	Bell's Palsy	Rheumatoid Arthritis
Thyroid: hyper / hypo	Allergies / Hypersensitivity	Arthritis
Hepatitis C	Rosacea / Dermatitis	Sarcoidosis
Facial Herpes / shingles	Acne	Autoimmune Disease
Androgen deficiency	Stevens Johnson Syndrome	Sclerodermas
Depression	Sleep disorders / CPAP	Lupus / Fibromyalgia
Multiple Sclerosis		

SYMPTOMS (CHECK ALL THAT APPLY)

Dry Mouth	Fatigue/Body Aches	Inability to Concentrate
Unexplained Fatigue	GI Distress	Numbness of Arms and Legs
Joint Pain	Muscle Weakness	

MEDICATIONS (CHECK ALL THAT APPLY)

Antihistamines	Antidepressants	Diuretics
Active bladder therapy	Birth control pills	Beta-blockers
Hormone replacement	Accutane Now or Past	Retinol / Retinoids
Fish oil / flaxseed oil	Botox injections	

OCULAR MEDICATIONS (CHECK ALL THAT APPLY)

Glaucoma Drops.....	Xiidra	FML
Allergy Drops	Lotemax	Autologous Serum Tears
Restasis	Pred Forte	

ENVIRONMENTAL IRRITANTS (CHECK ALL THAT APPLY)

Reading	Computer / Device use >4 Hrs	Work Environment
AC / Heat (home and car)	Wind	Fluorescent Lighting
Ceiling fans	Department stores	Air Travel > 2 x per month

SPECIAL CONSIDERATIONS (CHECK ALL THAT APPLY)

Eye Surgery – When?	Lasik or PRK – When?	Cataract Surgery – When?
Alcohol Use – How Often?	Eyes irritated upon awakening?	Eyes irritated middle of night?
Occupation?		